



Real Patisserie Allergen and Ingredient List – June 2024

(Please note: All products are prepared in an environment where gluten, walnuts, hazelnuts, almonds, sesame, eggs, milk and soya are present)

SPECIALITY LOAVES	Ingredients	Allergens (Contains)	Allergens (May contain)	Shelf Life
CHEWY BROWN	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Eggs, Milk, Sesame	2 days
NUTTY CHEWY	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Walnuts (Nuts: Walnuts), Hazelnuts (Nuts: Hazelnuts), Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye; (Tree) Nuts: Walnuts, Hazelnuts	Eggs, Milk, Sesame	2 days
FRUITY CHEWY	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Sultanas, Dried Apricot (Sulphites), Dried Cranberries, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye; Sulphites	Eggs, Milk, Sesame	2 days
CHEWY WHITE	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Salt, Yeast, Rye Malt Flour (Cereal Containing Gluten: Rye), Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Soya	2 days
STONEGROUND SOURDOUGH	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Salt, Yeast, Rye Malt Flour (Cereal Containing Gluten: Rye), Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye		2 days
WHITE SOURDOUGH	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Malt Flour (Cereal Containing Gluten: Rye), Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Soya	2 days
SEEDED SOURDOUGH	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Malt Flour (Cereal Containing Gluten: Rye), Sunflower Kernels, Golden Linseeds, Brown Linseeds, Pumpkin Seeds, Organic Hulled Millet Seeds, Poppy Seeds, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	(Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days

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FRENCH COB	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast	Cereals containing gluten: Wheat		2 days
MULTICEREAL	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast, Sesame Seeds, Sunflower Seeds, Brown Linseeds, Yellow Linseeds, Rye Flour (Cereal Containing Gluten: Rye), Oatmeal (Cereal Containing Gluten: Oat), Barley Flour (Cereal Containing Gluten: Barley), Barley Flour (Cereal Containing Gluten: Barley), Antioxidant (Ascorbic Acid), Roasted Barley Malt (Cereal Containing Gluten: Barley), Malted Wheat Flour (Cereal Containing Gluten: Wheat), Emulsifier (E472e)	Cereals containing gluten: Wheat, Barley, Oat; Sesame	Eggs, Milk, Soya	2 days
HONEY & SPELT	Spelt Flour (Cereal Containing Gluten: Wheat), Water, Yeast, Sunflower Seeds, Coarsely-ground Lupin Seeds, Sesame , Spelt Flakes (Cereal Containing Gluten: Wheat), Baker's Honey, Sugar, Dextrose, Thickeners (E412), Barley Malt Extract (Cereal Containing Gluten: Wheat), Emulsifier (E472e), Acidity Regulators (R339, E340), Flavouring, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley; Lupin; Sesame	Eggs, Milk, Mustard, Soya	2 days
RYE SOURDOUGH	Rye Flour (Cereal Containing Gluten: Rye), Water, Salt, Yeast, Antioxidant (Ascorbic Acid), Rye Malt Flour (Cereal Containing Gluten: Rye)	Cereals containing gluten: Rye		2 days
NORDIC	Water, Wheat Flour (Cereal Containing Gluten: Wheat), Rye Flour (Cereal Containing Gluten: Rye), Sesame Seeds, Sunflower Seeds, Brown Linseeds, Yellow Linseeds, Sunflower Kernels, Pumpkin Seeds, Soy Grits, Cracked Rye (Cereal Containing Gluten: Rye), Organic Hulled Millet Seeds, Molasses, Sugar, Salt, Yeast, Oatmeal , (Cereal Containing Gluten: Oat), Barley Flour (Cereal Containing Gluten: Barley), Wheat Gluten , Roasted Barley Malt (Cereal Containing Gluten: Barley), Malted Wheat Flour (Cereal Containing Gluten: Wheat), Rye Malt Flour (Cereal Containing Gluten: Rye), Black Pepper, Antioxidant (Ascorbic Acid), Emulsifier (E472e)	Cereals containing gluten: Wheat, Barley, Rye, Oat; Soya; Sesame	(Tree) Nuts, Celery, Eggs, Milk, Mustard, Peanut, Sulphites	2 days
FOCACCIA Herb	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Potato Flakes, Extra Virgin Olive Oil, Dried Thyme, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat		2 days
FOCACCIA Green and Black Olive	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Potato Flakes, Extra Virgin Olive Oil, Green Olives, Black Olives, Dried Thyme, Salt, Yeast, Brine, Sunflower Oil, Herbs de Provence, Antioxidant (Ascorbic Acid), Citric Acid	Cereals containing gluten: Wheat		2 days
FOCACCIA Cheese and Red Onion	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Potato Flakes, Emmental Cheese (Pasteurised Cow's Milk , Salt, Starter, Vegetarian Rennet, Potato Starch), Red Onion, Extra Virgin Olive Oil, Dried Rosemary, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat; Milk		2 days
CIABATTA	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Extra Virgin Olive Oil, Yeast	Cereals containing gluten: Wheat	Soya	2 days



SANDWICH LOAVES

WHITE	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat)	Cereals containing gluten: Wheat	Milk, Soya	2 days
WHOLEMEAL	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat)	Cereals containing gluten: Wheat	Milk, Soya	2 days
WHOLEMEAL with Mixed Seed	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat), Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	(Tree) Nuts, Celery, Gluten, Lupin, Milk, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
LIGHTGRAIN	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Malted Wheat Flakes (Cereal Containing Gluten: Wheat), Malted Barley (Cereal Containing Gluten: Barley), Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat)	Cereals containing gluten: Wheat, Barley	Milk, Soya	2 days

BAGUETTES

WHITE BAGUETTE	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	Milk, Soya	2 days
WHITE BAGUETTE with Sunflower Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast, Sunflower Kernels, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	(Tree) Nuts, Milk, Mustard, Sesame, Soya, Sulphites	2 days
WHITE BAGUETTE with Poppy Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast, Poppy Seeds, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Barley	Milk, Mustard, Soya	2 days
TRADITIONAL BAGUETTE	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Rye Flour (Cereal Containing Gluten: Rye), Rye Malt Flour (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Malted Wheat Flour (Cereal Containing Gluten: Wheat), Salt, Yeast, Antioxidant (Ascorbic Acid)	Cereals containing gluten: Wheat, Rye	Soya	2 days
WHITE SOFT HALF BAGUETTE (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days



BAPS AND BUNS

MILK BREAD	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Improver (Cereal Containing Gluten: Wheat), Vegan Egg Wash, Antioxidant (Ascorbic Acid)	Eggs, Cereals containing gluten: Wheat, Rye; Milk	Mustard, Soya	2 days
MILK BREAD with Sunflower Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Improver (Cereal Containing Gluten: Wheat), Vegan Egg Wash, Antioxidant (Ascorbic Acid), Sunflower Kernels	Eggs; Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Mustard, Sesame, Soya, Sulphites	2 days
MILK BREAD with Poppy Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Improver (Cereal Containing Gluten: Wheat), Vegan Egg Wash, Antioxidant (Ascorbic Acid), Poppy Seeds	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Sesame, Soya	2 days
MILK BREAD with Mixed Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Pasteurised Whole Egg , Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colouring (Curcumin, Annatto), Flavouring), Yeast, Sugar, Dried Whole Milk Powder, Bread Fat (Sustainable Palm Oil, Rapeseed Oil), Rye Flour (Cereal Containing Gluten: Rye), Salt, Rye Leaven (Cereal Containing Gluten: Rye), Deactivated and Dehydrated Rye Sourdough (Cereal Containing Gluten: Rye), Wheat Gluten (Cereal Containing Gluten: Wheat), Improver (Cereal Containing Gluten: Wheat), Antioxidant	Eggs, Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Celery, Gluten, Lupin, Milk, Mustard, Peanut, Sesame, Soya, Sulphites	2 days



(Ascorbic Acid), Vegan Egg Wash, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds, Pumpkin Seeds

WHITE (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast, Vegan Egg Wash	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHITE Floured/Plain (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast	Cereals containing gluten: Wheat	Milk, Soya	2 days
WHITE with Sunflower Seeds (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast, Vegan Egg Wash, Sunflower Kernels	Cereals containing gluten: Wheat	(Tree) Nuts, Milk, Mustard, Sesame, Soya, Sulphites	2 days
WHITE with Poppy Seeds (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast, Vegan Egg Wash, Poppy Seeds	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHITE with Mixed Seeds (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast, Vegan Egg Wash, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHITE with Cheese	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Improver (Cereal Containing Gluten: Wheat), Yeast, Emmental Cheese (Pasteurised Cows Milk , Salt, Starter, Vegetarian Rennet, Potato Starch)	Cereals containing gluten: Wheat; Milk	Soya	2 days
WHOLEMEAL (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat), Vegan Egg Wash	Cereals containing gluten: Wheat	Milk, Mustard, Soya	2 days
WHOLEMEAL with Mixed Seeds (V)	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Sustainable Palm Oil, Rapeseed Oil, Salt, Yeast, Improver (Cereal Containing Gluten: Wheat), Vegan Egg Wash, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Cereals containing gluten: Wheat	Milk, (Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
LIGHT BRIOCHE	Wheat Flour (Cereals Containing Gluten: Wheat), Water, Butter (Milk), Sugar, Improver (Cereal Containing Gluten: Wheat), Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
LIGHT BRIOCHE with Sunflower Seeds	Wheat Flour (Cereals Containing Gluten: Wheat), Water, Butter (Milk), Sugar, Improver (Cereal Containing Gluten: Wheat), Yeast, Salt, Vegan Egg Wash, Sunflower Kernels	Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
LIGHT BRIOCHE with Poppy Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Butter (Milk), Sugar, Improver (Cereal Containing Gluten: Wheat), Yeast, Salt, Vegan Egg Wash, Poppy Seeds	Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
LIGHT BRIOCHE with Mixed Seeds	Wheat Flour (Cereals Containing Gluten: Wheat), Water, Butter (Milk), Sugar, Improver (Cereal Containing Gluten: Wheat), Yeast, Salt, Vegan Egg Wash, Pumpkin Seeds,	Cereals containing gluten: Wheat; Milk	(Tree) Nuts, Celery, Lupin, Mustard,	2 days



	Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds		Peanut, Sesame, Soya, Sulphites	
BRIOCHE	Wheat Flour (Cereal Containing Gluten: Wheat), Pasteurised Whole Egg , Butter (Milk), Sugar, Yeast, Glucose Syrup, Salt	Eggs, Gluten, Milk	Mustard, Soya	2 days
BRIOCHE with Poppy Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Pasteurised Whole Egg , Butter (Milk), Sugar, Yeast, Glucose Syrup, Salt, Vegan Egg Wash, Poppy Seeds	Eggs, Gluten, Milk	Mustard, Soya	2 days
BRIOCHE with Sunflower Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Pasteurised Whole Egg , Butter (Milk), Sugar, Yeast, Glucose Syrup, Salt, Vegan Egg Wash, Sunflower Seeds	Eggs, Gluten, Milk	(Tree) Nuts, Mustard, Sesame, Soya, Sulphites	2 days
BRIOCHE with Mixed Seeds	Wheat Flour (Cereal Containing Gluten: Wheat), Pasteurised Whole Egg , Butter (Milk), Sugar, Yeast, Glucose Syrup, Salt, Vegan Egg Wash, Pumpkin Seeds, Sunflower Kernels, Poppy Seeds, Organic Hulled Millet Seeds, Golden Linseeds, Brown Linseeds	Eggs, Gluten, Milk	(Tree) Nuts, Celery, Lupin, Mustard, Peanut, Sesame, Soya, Sulphites	2 days
PASTRIES				
CROISSANT	Wheat Flour (Cereal Containing Gluten: Wheat), Water, Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Milk	Soya	2 days
PAIN AU CHOCOLAT	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Butter (Milk), Water, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Sugar, Dried Whole Milk Powder, Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Milk; Soya		2 days
VEGAN CROISSANT	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Wheat Malt Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Water, Sugar, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat	Milk, Soya	2 days
VEGAN PAIN AU CHOCOLAT	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Wheat Malt Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Water, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Sugar, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Yeast, Salt, Vegan Egg Wash	Cereals containing gluten: Wheat; Soya	Milk	2 days

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ALMOND CROISSANT	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Sugar, Butter (Milk), Water, Ground Almonds (Nuts: Almonds), Vegan Egg Wash, Icing Sugar, Dried Whole Milk Powder, Yeast, Salt	(Tree) Nuts: Almonds; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
ALMOND PAIN AU CHOCOLAT	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Sugar, Butter (Milk), Water, Ground Almonds (Nuts: Almonds), Vegan Egg Wash, Chocolate Batons (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Icing Sugar, Dried Whole Milk Powder, Yeast, Salt	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk; Soya	Peanut	2 days
PAIN AUX RAISINS	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Wheat Gluten , Antioxidant (Ascorbic Acid)), Pasteurised Whole Egg , Milk , Sultanas, Butter (Milk), Sugar, Water, Creme Patissiere Powder (Corn Starch, Wheat Starch (Cereal Containing Gluten: Wheat), Vanillin, Colouring: Beta-carotenes), Yeast, Salt	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya, Sulphites	2 days
CHOCOLATE TWIST	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Belgian Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Dextrose, Emulsifier (Soya Lecithin)), Butter (Milk), Water, Milk , Sugar, Pasteurised Whole Egg , Dried Whole Milk Powder, Creme Patissiere Powder (Corn Starch, Wheat Starch (Cereal Containing Gluten: Wheat), Vanillin, Colouring: Beta-carotenes), Yeast, Salt	Eggs; Cereals containing gluten: Wheat; Milk; Soya		2 days
APPLE DANISH	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Apples, Water, Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Pasteurised Whole Egg , Flaked Almonds (Nuts: Almonds), Apple Compote (Apples, Sugar), Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Creme Patissiere Powder (Sugar, Modified Starch, Skimmed Milk Powder, Full Cream Milk Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, Milk Protein, Colour Beta-carotene), Flavouring), Icing Sugar, Salt, Improver (Cereal Containing Gluten: Wheat), Ground Cinnamon	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
APRICOT DANISH	Water, Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Apricot Halves (Apricots, Water, Sugar, Acidity Regulator (Citric Acid)), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed Milk Powder, Full Cream Milk Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, Milk Protein, Colour (Beta-carotene), Flavouring), Pasteurised Whole Egg , Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Salt, Improver (Cereal Containing Gluten: Wheat)	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days

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RED FRUIT DANISH	Water, Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Sugar Glaze (Glucose-fructose Syrup, Water, Sugar, Fruit Puree, Gelling Agents, Citric Acid, Flavouring, Potassium Sorbate, Paprika Extract), Creme Patissiere Powder (Sugar, Modified Starch, Skimmed Milk Powder, Full Cream Milk Powder, Vegetable Fat, Dried Glucose Syrup, Inulin, Stabilisers (E263, E450, E339), Emulsifiers (E472a, E471), Salt, Milk Protein, Colour (Beta-carotene), Flavouring), Raspberries, Pasteurised Whole Egg , Butter (Milk), Sugar, Dried Whole Milk Powder, Yeast, Salt, Improver (Cereal Containing Gluten: Wheat)	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days
CINNAMON DANISH	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Cinnamon Spread (Sugar, Wheat Flour (Cereal Containing Gluten: Wheat), Water, Vegetable Oils (Palm, Rapeseed), Humectant (Glycerol), Cinnamon, Salt, Preservative (Potassium Sorbate), Natural Flavouring) (Milk), Water, Pasteurised Whole Egg , Sugar, Butter (Milk), Dried Whole Milk Powder, Yeast, Salt, Improver (Cereal Containing Gluten: Wheat)	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days
CHEESE STRAW	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Butter (Milk), Water, Emmental Cheese (Pasteurised Cows Milk , Salt, Starter, Vegetarian Rennet, Potato Starch), Salt, Pasteurised Whole Egg , Sea Salt Flakes, Black Pepper	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
PATISSERIE				
ALMOND BITE	Sugar, Butter (Milk), Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground Almonds (Nuts: Almonds), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Salt	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
PISTACHIO & RASPBERRY ALMOND BITE	Sugar, Butter (Milk), Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Ground Almonds (Nuts: Almonds), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Pistachio Paste (Roasted Pistachios (Nuts: Pistachios), Colouring (E100, E141)), Raspberries, Salt	(Tree) Nuts: Almonds, Pistachios; Eggs; Cereals containing gluten: Wheat, Barley; Milk	Peanut, Soya	2 days
MIXED MACARON BOX	Caster Sugar, Icing Sugar, Ground Almonds (Nuts: Almonds), Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Butter (Milk), Water, Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Vanilla Extract), Whipping Cream (Milk), Passion Fruit Puree (Passion Fruit Puree, Cane Sugar), Raspberry Puree, Pasteurised Whole Egg (Whole Egg , Preservatives (E202, E330)), Fondant (Sugar, Glucose Syrup, Water), Pistachios (Nuts: Pistachios), Concentrated	(Tree) Nuts, Eggs, Milk, Soya, Sulphites	Gluten, Peanut, Sesame	



Lemon Juice (**Sulphites**), Pistachio Paste (Roasted **Pistachios** (Nuts: **Pistachios**), Colouring (E100, E141)), White Chocolate (Sugar, Cocoa Butter, Whole **Milk** Powder, Emulsifier (**Soya** Lecithin), Natural Vanilla Flavouring), Cocoa Powder, Glucose Syrup, Fruit Pectin, Coffee Essence, Lemon Zest, Red Food Colouring, Salt, Jaune Citron Colouring, Caramel Brun Colouring, Caramel Colouring, Vert Pomme Colouring, Vert Pistachio Colouring, Jaune D'Oeuf Colouring

TARTS

APPLE (V)	Golden Delicious Apples, Apple Compote (Apples, Sugar), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Water, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Salt	Cereals containing gluten: Wheat	Soya, Sulphites	2 days
APRICOT (V)	Vegan Puff Pastry (Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Water, Premium Vegan Margarine (Vegetable Fats (Palm), Water, Vegetable Oils (Rapeseed), Emulsifier (Sunflower Lecithin), Salt, Acidity Regulator (Lemon Juice), Preservative (Potassium Sorbate), Vitamin E), Salt), Tinned Apricots (Apricots, Water, Sugar, Acidity Regulator (Citric Acid)), Sugar Glaze (Sugar, Water, Glucose Fructose Syrup, Gelling Agent (Pectins), Acidity Regulator (Citric Acid, Potassium Citrates, Calcium Phosphates), Preservative (Potassium Sorbate)), Ground Almonds (Nuts: Almonds), Caster Sugar, Almond Milk (Water, Almond (2.3%) (Nuts: Almonds), Sugar, Calcium (Tri-Calcium Phosphate), Sea Salt, Stabilisers (Locust Bean Gum, Gellan Gum), Emulsifier (Lecithins (Sunflower)), Natural Flavouring, Vitamins (B2, B12, E, D2)), Cornflour, Sunflower Oil, Vanilla Extract (Ethanol), Almond Extract (Nuts: Almonds)	(Tree) Nuts, Cereals containing gluten: Wheat	Peanut, Soya, Sulphites	2 days
LEMON MERINGUE	Sugar, Butter (Milk), Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Pasteurised Whole Egg , Egg Whites (Egg Whites, Acidifier (E330), Preservative (E202), Stabiliser (E415, E412)), Caster Sugar, Icing Sugar, Concentrated Lemon Juice (Sulphites), Water, Lemon Zest, Salt	Eggs; Cereals containing gluten: Wheat, Barley; Milk	Soya	2 days
CHOCOLATE & CARAMEL	Whipping Cream (Milk), Caster Sugar, Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Vanilla Extract), Butter (Milk), Glucose Syrup, Water, Cocoa Powder (Cocoa Powder, Acidity Regulator: E501i), Wheat Flour (Wheat Flour (Cereal	Eggs, Gluten, Milk, Soya	Peanut, Sesame	2 days



Containing **Gluten: Wheat**), Antioxidant (Ascorbic Acid)), Icing Sugar, Pasteurised Whole Egg (Whole **Egg**, Preservatives (E202, E330)), Pork Gelatine, Salt

ENGLISH CAKES

TUNISIAN ORANGE CAKE	Free Range Eggs , Caster Sugar, Vegetable Oil, Ground Almonds (Nuts: Almonds), Breadcrumbs (Wheat Flour (Cereal Containing Gluten: Wheat), Water, Salt, Yeast), Lemon Juice, Fresh Orange Juice, Baking Powder (Cereal Containing Gluten: Wheat), Orange Oil, Ground Cinnamon	(Tree) Nuts: Almonds; Eggs; Cereals containing gluten: Wheat, Rye, Barley	Milk, Peanut, Soya	7 days
CLASSIC VICTORIA SPONGE	Margarine (Vegetable Oils (Sustainable Palm, Rapeseed), Buttermilk, (Milk) Water, Salt, Natural Flavouring, Colour (Carotenes)), Caster Sugar, Free Range Eggs , Organic Self-raising Flour (Organic Wheat Flour (Cereal Containing Gluten: Wheat), Raising Agents (Mono-Calcium Phosphate, Sodium Bicarbonate)), Blackcurrant Jam (Blackcurrants, Sugar, Water, Apple Pectin, Citric Acid), Icing Sugar, Milk , Butter (Milk), Cornflour, Baking Powder (Cereal Containing Gluten: Wheat), Vanilla Extract (Ethanol)	Eggs, Gluten, Milk	Soya	7 days
RED VELVET CAKE	Buttermilk (Skimmed Cows' Milk , Starter Culture), Caster Sugar, Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Free Range Eggs , Butter (Milk), Red Food Colouring (E122, Dextrose), Cocoa Powder (Cocoa Powder, Acidity Regulator: E501i), White Wine Vinegar (White Wine Vinegar, Water) (Sulphites), Bicarbonate of Soda, Salt, Vanilla Extract (Ethanol)	Eggs, Gluten, Milk, Sulphites	Peanut, Sesame, Soya	7 days
LEMON DRIZZLE LOAF	Wheat Flour (Wheat Flour (Cereal Containing Gluten: Wheat), Wheat Gluten (Cereal Containing Gluten: Wheat), Antioxidant (Ascorbic Acid)), Caster Sugar, Milk , Icing Sugar, Butter (Milk), Free Range Eggs , Lemon Juice, Lemon Zest, Baking Powder (Cereal Containing Gluten: Wheat), Salt, Vanilla Extract (Ethanol)	Eggs, Gluten, Milk	Eggs, Gluten, Milk, Sesame, Soya	7 days
CARAMEL BANANA LOAF	Bananas, Organic Wheat Flour (Cereal Containing Gluten: Wheat), Icing Sugar, Caster Sugar, Margarine (Vegetable Oils (Sustainable Palm, Rapeseed), Buttermilk (Milk), Water, Salt, Natural Flavouring, Colour (Carotenes)), Free Range Eggs , Sultanas (Sultanas, Sunflower Oil), Walnuts , Light Muscovado Sugar, Butter (Milk), Milk , Whisky (Alcohol), Black Tea, Baking Powder (Cereal Containing Gluten: Wheat), Vanilla Extract, Bicarbonate of Soda	(Tree) Nuts: Walnuts; Eggs; Cereals containing gluten: Wheat; Milk	Soya	7 days
DATE & ORANGE FLAPJACK	Vegan Margarine (Sunflower Oil, Sustainable Palm Oil, Linseed Oil, Water, Salt, Natural Flavouring, Vitamin E, Natural Colour (Carotenes)), Light Muscovado Sugar, Dried Dates (Dates, Rice Flour), Oats (Cereal Containing Gluten: Wheat), Organic Gluten-free Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat)), Desiccated Coconut, Orange Juice From Concentrate, Golden Syrup, Water, Vanilla Extract (Ethanol), Orange Oil	Gluten	(Tree) Nuts, Gluten, Milk, Peanut, Sesame, Soya	7 days



SALTED FUDGE BROWNIE	Caster Sugar, Butter (Milk), Free Range Eggs , Dark Chocolate 54% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Vanilla Extract), Organic Gluten-free Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat)), Cocoa Powder, Sea Salt Flakes, Salt	Eggs; Milk; Soya	Gluten	7 days
SAVOURY				
QUICHE LORRAINE	Quiche Pastry (Wheat Flour (Cereal Containing Gluten: Wheat), Butter (Milk), Water, Salt), Milk , Pasteurised Whole Egg , Bacon (15%) (Pork Belly, Salt, Glucose, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Ham Ends (12%), Whipping Cream (Milk), Mature Cheddar (Milk), Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202)), Black Pepper	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days
QUICHE VEGETARIAN	Quiche Pastry (Wheat Flour (Cereal Containing Gluten: Wheat), Butter (Milk), Water, Salt), Milk , Pasteurised Whole Egg , Carrots, Leeks, Whipping Cream (Milk), Mushrooms, Egg Yolks (Egg Yolk, Citric Acid (E330), Preservative (E202))	Eggs; Cereals containing gluten: Wheat; Milk	Mustard, Soya	2 days

Cake Information

ALLERGENS NOTE

The cakes are prepared in a facility that handles cereals containing gluten, various nuts, milk based products, soya and eggs.

We make every attempt to identify ingredients that may cause allergic reactions. Every effort is made to instruct our staff on the severity of food allergies. In addition, we highlight items with possible allergen- containing ingredients on our publicity and ingredients list.

We take great care to use separate equipment when preparing nut-free or gluten-free cakes. However, all our cakes are made in the same kitchen so please consider this if you have a severe allergy. There is also a possibility that manufacturers can change the formulation at



any time, without notice. Customers concerned with food allergies need to be aware of this risk.

Because we want your cake eating experience to be perfect, we put extra effort into checking all our deliveries of nuts and fruit by hand for pieces of shell or fruit stone. However, please be vigilant in case any have slipped past our checks.

STORAGE

Our cakes are truly homemade. Please follow these guidelines to enjoy them at their very best:

In the fridge: Our cakes stay fresh for a week (apart from the cakes covered with cream cheese frosting which stay fresh for 5 days).

In the freezer: Freeze on day of delivery. They can be stored for up to 3 months. Allow 3 hours to defrost. They are best eaten within 5 days.

CUTTING

Round Cakes: Use a large, very sharp knife. Push point into centre of cake and use a gentle sawing action to cut.

Square Bakes – 12 Slices: They're easier to cut cold from the fridge. Pull open the corners of the foil tray so it's flat, slide a fish slice underneath and push onto a chopping board. Cut with a large sharp knife.

Loaves – cut into 10 slices: Remove from greaseproof wrapping, place loaf on a board. We suggest you cut at room temperature using a sharp knife.

DISPLAY

Most of our cakes can be stored at ambient temperature.

However we use cream cheese frosting for some of our cakes, these cakes can be displayed at ambient temperature for 4 hours only and then must be sold from a chilled display.